



KOF-K

Kosher Supervision 201 THE PLAZA, TEANECK, NJ 07666-5156 201.837.0500 FAX:201.837.0126
e-mail: info@kof-k.org • website: www.kof-k.org

בס"ד

Peeled Eggs, Onions, Garlic Left Overnight

Many house wives make food containing eggs, onion and garlic which are not used at one time and the question is if leaving them over night to use again the next day is permitted.

The Source

The *Gemorah*¹ states that one may not eat peeled eggs, onions, or garlic that were left overnight, because of the *ruach ra'ah* (spirit of impurity) which rests upon them.² Eating these foods can be fatal, and one who eats these foods is culpable as if he took his own life.³

Is This *Halacha* Still Relevant?

Some *poskim* say that certain types of *ruach ra'ah* do not exist today and one can therefore be lenient with these foods. Others base their leniency on the grounds that both the *Rambam* and the *Rama*⁴ omit this issue when they discuss various dangerous actions.⁵ However, many *poskim* maintain that this *halacha* is still in force.⁶

B'dieved

If these peeled foods were left overnight, some *poskim* maintain that *b'dieved* they do not need to be discarded.⁷ However, most *poskim* prohibit the food even *b'dieved*.⁸ One should conduct himself in accordance with the second view.⁹

¹ Niddah 17a.

² Gemorah ibid.

³ See Gemorah ibid, Maharsha, Aruch L'ner, Ben Yehoyoda. The fact that some were not careful with this is not grounds to be lenient. In previous years refrigeration was not common and it was not possible to keep these foods overnight (Shulchan Aruch Hamikutzar 4:page 309:13:footnote 41).

⁴ Y.D. 116:5.

⁵ See Tosfos Yoma 77b "m'shum," Chullin 107b "husum," Yam Shel Shlomo Chullin 8:12, Mordechai Mesechtas Shabbos page 161, Magen Avraham O.C. 173:1, Yad Meir 19, Darchei Teshuva 74, Degel Ephraim 28, Bais Shlomo 1:189, Kaf Hachaim Y.D. 116:92, Shevet HaLevi 3:169, 6:111:1, 9-10, Minchas Yitzchok 2:68:13, 6:74, Oz Nedberu 11:47, Yeishiv Moshe 27.

⁶ Horav Yisroel Belsky shlita, see Derech Eretz Rabbah 11:40, Shulchan Aruch Harav Shemiras Haguf 7, Reishis Chochma Derech Eretz 3:page 1153 (new), Daas Torah 513:page 639, Sdei Chemed Lamed klal 141:31 page 372, Ta'amei Haminhagim (Iekutim) page 497:16, Sefer Matamim 1:page 80:18 (new), Lekutei Halachos Chofetz Chaim Niddah ibid Ein Mishpat 7, Ben Ish Chai Pinchas 2:14, Maharsham 4:148, Sdei Eretz 3:18, Darchei Teshuva 116:74, Kaf Hachaim 540:1, Lekutei Maharich 1:page 112b, Igros Moshe Y.D. 3:20, Be'er Moshe 3:115, Divrei Yatziv 2:31 in depth, Yabea Omer Y.D. 2:7, Shevet Hakehusi 2:247, Ha'kashrus K'halacha page 243:footnote 50, Tuvecha Yabeu 2:page 316, Orchos Rabbeinu 1:page 210:16.

⁷ See Yabea Omer Y.D. 2:7.



KOF-K

Kosher Supervision

201 THE PLAZA, TEANECK, NJ 07666-5156 201.837.0500 FAX:201.837.0126

e-mail: info@kof-k.org • website: www.kof-k.org

בס"ד

If the Foods Were Not Fully Peeled

The *Gemarah*¹⁰ states that the food is permitted if one leaves part of the hair of the food still attached. Therefore, if a shell or a piece of peel remains on the food, it may be kept overnight.¹¹

Raw Egg vs. Cooked

Many *poskim*¹² maintain that only raw eggs are dangerous, while other *poskim*¹³ hold that only cooked eggs are dangerous. Horav Yisroel Belsky *shlita* says we should assume that this *halacha* applies to both cooked and raw eggs.¹⁴

Sealed Container, Refrigerator, Aluminum Foil

The *Gemarah* states that placing the peeled food in a sealed container does not protect it from *ruach ra'ah*. Horav Yisroel Belsky *shlita* says that this may not apply to eggs that are placed in a hermetically sealed container, because it can be considered as if the peel of the eggs were returned to the eggs. There is an opinion in the *poskim*¹⁵ who says that placing the peeled food in a refrigerator helps protect it from the *ruach ra'ah*. However, this should not be relied upon.¹⁶ Wrapping the food in aluminum foil¹⁷ or placing it in a Ziploc bag does not protect it from the *ruach ra'ah*.¹⁸

Commercially Produced Eggs

Horav Moshe Feinstein *zt"l*¹⁹ maintains that the *Gemarah* is discussing a case of a housewife who peeled an egg and accidentally left it overnight, or peeled it with the intent of eating it the next day. No prohibition was ever issued for items that are

⁸ Shurei Beracha 116:10, Keren L'Dovid 1, Bais Shlomo ibid, Divrei Yatziv 2:31:7, Chelkes Yaakov Y.D. 39, Shemiras Haguf Vehanefesh 3:6, see Teshuvos Vehanhagos 3:256, Orchos Rabbeinu 1:page 210:16.

⁹ Horav Yisroel Belsky *shlita*.

¹⁰ Niddah ibid.

¹¹ Shulchan Aruch Harav ibid, Ben Ish Chai Pinchas 2:14, see Divrei Yatziv 2:31:14.

¹² Ben Ish Chai ibid, Yad Meir 19, Bais Shlomo ibid, Darchei Teshuva ibid, Maharsham ibid, Kaf Hachaim ibid, Yabea Omer Y.D. 2:7:6, Tzitz Eliezer 18:46, Shevet HaLevi 3:169, see Divrei Yatziv 2:31:8.

¹³ Darchei Teshuva ibid, Kav Zav 14, see Tzitz Eliezer ibid, Yaskil Avdi O.C. 7:44:4, Shevet Hakehusi 2:247. The Yaskil Avdi O.C. 7:44:4 maintains that a fried onion may be left uncovered overnight.

¹⁴ See Shulchan Aruch Hamikutzar 4:page 309:13.

¹⁵ Oral ruling of Horav Ephraim Greenblatt *shlita*, see Rivevos Ephraim 5:523, 6:530, Tzitz Eliezer 18:46, Orchos Rabbeinu 1:page 210:16.

¹⁶ Horav Yisroel Belsky *shlita*. (This applies even if the peeled food is placed in a bag and then placed in the refrigerator).

¹⁷ Horav Yisroel Belsky *shlita*, Oral Ruling of Horav Ephraim Greenblatt *shlita*, see Rivevos Ephraim 3:495, 4:51.

¹⁸ Horav Yisroel Belsky *shlita*.

¹⁹ Igros Moshe Y.D. 3:20, see Yabea Omer Y.D. 10:9.



KOF-K

Kosher Supervision

201 THE PLAZA, TEANECK, NJ 07666-5156 201.837.0500 FAX:201.837.0126

e-mail: info@kof-k.org • website: www.kof-k.org

בס"ד

intended to be stored for many months. Therefore, it is permitted to consume commercially produced eggs or frozen garlic cubes.²⁰

Dried Eggs, Garlic

The *Darchei Teshuva*²¹ states that the *ruach ra'ah* does not affect dried foods. Therefore, the accepted custom is to permit the use of egg powder and garlic powder, even if they were left overnight.²²

Food Mixed With Other Ingredients

One may mix the peeled foods with other ingredients before they are left overnight.²³ The *poskim*²⁴ point out that the other ingredient has to affect the peeled food in some way for it to prevent the *ruach ra'ah*. Furthermore, the additional ingredients cannot be the same food—for example, garlic powder with peeled garlic; it has to be a different food that is not subject to this prohibition. Although one may not normally nullify an *issur* purposely (*mavatel issur lechatchila*),²⁵ this rule only applies to *treifa* items, not to items that are prohibited because of danger.²⁶

Left for Part of the Night

There is uncertainty among the *poskim* if the prohibition applies to foods that were peeled during the night, and therefore were not peeled the entire night. The accepted custom seems to be that there is only a concern if it was left peeled the entire night.²⁷

Washing Off the *Ruach Ra'ah*

Some *poskim* maintain that one may wash the food to remove the *ruach ra'ah*.²⁸ However, this is not the accepted custom, and one should not rely upon this.²⁹

²⁰ Horav Yisroel Belsky shlita.

²¹ Niddah ibid.

²² See Yabea Omer ibid 2:7:7, Halichos Olom page 214:footnote 13, Chelkes Yaakov Y.D 14, Shevet HaLevi 6:111:7, Be'er Moshe 3:115, Shevet Hakehusi 2:247, Yeishiv Moshe page 159:4, see Har Tzvi Y.D. 74, Ha'kashrus K'halcha page 245:footnote 59, Kashrus Hashulchan pages 278-279:footnote 8.

²³ Ben Ish Chai ibid, Kaf Hachaim ibid 116:92, Taamei Haminhagim Iekutim 16, Sefer Matamim 1:page 80:18 (new), Sdei Eretz 3:18, Shemiras Haguf Vehanefesh 3:footnote 5, Halichos Olom ibid, Yabea Omer Y.D. 2:7:4, Tzitz Elizer 18:46, Ha'kashrus K'halcha page 244:55, see Teshuvos Vehanhagos 3:256, 4:186, Madanei Shlomo (Moadim) page 147, Divrei Shalom 6:page 293:199. The Kaf Hachaim Y.D. 116:93 says if the peeled foods are salted or cooked in vinegar it prevents the *ruach ra'ah*.

²⁴ Horav Yisroel Belsky shlita. See Divrei Yatziv 2:33:3.

²⁵ Shulchan Aruch Y.D. 99:2.

²⁶ Degel Ephraim 28, Halichos Olom ibid.

²⁷ See Divrei Yatziv 2:31:13, Shevet Hakehusi 2:247:2.

²⁸ Yad Meir 19. See Sdei Chemed ibid:page 373.



KOF-K

Kosher Supervision

201 THE PLAZA, TEANECK, NJ 07666-5156 201.837.0500 FAX:201.837.0126

e-mail: info@kof-k.org • website: www.kof-k.org

בס"ד

Red Onion and White Onion

Some *poskim* suggest that only white onions are susceptible to *ruach ra'ah*. Accordingly, one may leave a red onion peeled overnight.³⁰

The First Nights of *Pesach*

It is a well-known concept that the nights of the *Sedarim* are *leil shemurim*.³¹ Some *poskim* say that one may leave a peeled egg on the *Seder* plate and eat it the next day, since we are protected from any *ruach ra'ah*.³² Others prefer to eat the egg or keep it in its shell on the *seder* plate.³³ The accepted custom seems to follow the latter opinion.³⁴

Eating These Foods on *Shabbos*

Some *poskim* say if one intends to eat a peeled egg, onion, or garlic for a *mitzvah* then it is permitted.³⁵ However, it is suggested that one should not do this without adding other ingredients to the peeled foods. Therefore, if one wants to make an egg salad for *Shabbos* it should be prepared either on *Shabbos*, or before *Shabbos* with other added ingredients.³⁶

Radishes

Some are *makpid* not to leave a peeled radish overnight, but there does not seem to be any source for this practice.³⁷

²⁹ Horav Yisroel Belsky shlita, see Divrei Yatziv 2:31:11, Minchas Yitzchok 6:74.

³⁰ Hechsheiros 18:footnote 50 in the name of *poskim*.

³¹ See Rama O.C. 481:2.

³² Hechsheiros 18:footnote 60, Rivevos Ephraim 5:523, see Piskei Teshuvos 473:13:footnote 64.

³³ Hechsheiros *ibid*, Shevet Hakehusi 2:247, Haggadah Shel Pesach (Horav Elyashiv shlita) page 31. See Seder Ha'aruch 19:12, and 109:footnote 38.

³⁴ Horav Yisroel Belsky shlita.

³⁵ See Taamei Haminhagim *ibid* in the footnote, Teshuvos Vehanhagos 4:186, Yabea Omer Y.D. 2:7:9.

³⁶ Sdei Eretz 3:18.

³⁷ Horav Yisroel Belsky shlita, see Kav Zav 14, Shemiras Haguf Vehanefesh 3:footnote 5, Divrei Shalom 6:page 293:199, Doleh Umashka pages 363-364.