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WOMEN AND DAVENING



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- ► Each issue reviews a different area of contemporary *halacha* with an emphasis on practical applications of the principles discussed. Significant time is spent ensuring the inclusion of all relevant *shittos* on each topic, as well as the *psak* of *Harav Yisroel Belsky, zt"l* on current issues.

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WOMEN AND DAVENING

The halachos that regulate women's obligation in tefillah are complex. Do they have to daven? Which parts of davening? Why do many women not daven? Is there a difference between Shacharis, Minchah and Ma'ariv? What about Mussaf, Hallel and other parts of davening? Is there any point in coming to shul during the week to daven with a minyan? Many women have no time to daven the entire Shacharis – is there any point in saying just part?

All these questions and many others will be addressed in this issue.

Introduction - Mitzvas Asei Shehazman Grama

Women are exempt from mitzvas asei shehazman grama,1 mitzvos that are time bound,2 such as tefillin,3 sukkah,4 tzitzis,5 and shofar.6 There are some exceptions to this rule, such as the four cups on Pesach night,7 Megillah,8 ner Chanukah,9 and tefillah (see below).

Some explain that since a woman is obligated to serve her husband she does not have time for certain mitzyos.

^{1.} Maseches Kiddushin 29a, see Rambam Hilchos Avodas Kochavim 12:3.

^{2.} Rashi Maseches Kiddushin ibid "zman." Also see Ritva Maseches Kiddushin 29a, Sha'agas Aryeh 12, Mitzvas Asei Shehazman Grama pages 24-28.

^{3.} Shulchan Aruch O.C. 38:3.

^{4.} Shulchan Aruch O.C. 640:1, Taz 1.

^{5.} Shulchan Aruch O.C. 17:2.

^{6.} Refer to Maseches Kiddushin 35-36. Also see Mitzvas Asei Shehazman Grama pages 23-28.

^{7.} Maseches Pesachim 108b, Tosafos "af sh'hein."

^{8.} Maseches Megillah 4a. Refer to Ritva Megillah ibid.

^{9.} Maseches Shabbos 23a.



due to their time constraints. Others argue that if Hashem commands us to do a mitzvah it cannot be ignored because she has certain obligations to her husband. The answer is that running a household is a very time-consuming affair, and someone has to be available to tend to these errands. When a mitzvah arises that is bound by time (*mitzvas asei shehazman grama*) a dispute may arise in the home as to who should leave the work in the home and do the mitzvah. The Torah did not want a dispute in this area. Since women are usually the ones busy with the housework, they will do it and the men will do the mitzvah.

Is Tefillah a D'Oraisa or D'Rabbanan?

There is a major debate in the *poskim* if the obligation to *daven* is *d'Oraisa* or *d'Rabbanan* in nature. The Rambam¹² and others hold that it is a *d'Oraisa*,¹³ while the Ramban¹⁴ and most *poskim*¹⁵ say that it is *d'Rabbanan* in nature. Even the Rambam agrees that the times to *daven* are *d'Rabbanan*.¹⁶

Throughout the article, when we refer to *tefillah* we mean *Shemoneh Esrei*. We will first discuss *Shemoneh Esrei* and then discuss other areas in order of the *davening*.

^{10.} Kol Bo 73. Refer to Halichos Shlomo Tefillah 2:6.

^{11.} Mitzvas Asei Shehazman Grama pages 32-33, Divrei Yatziv O.C. 5:5.

^{12.} Sefer Hamitzvos 5 and 10. For more on this discussion see Meiri Maseches Brachos ibid, Pri Chadash 89:1, Yabia Omer O.C. 6:17, Higyonei Haparshah 1:pages 286-294.

^{13.} Refer to Kaf Hachaim 70:7.

^{14.} On Sefer Hamitzvos 5.

^{15.} Refer to Beis Yosef O.C. 106, Taz 1-2, Pri Megadim M.Z. 2, Magen Avraham 2, Sha'agas Aryeh 14, Sha'arei Teshuvah 1, Mishnah Berurah 3, Kaf Hachaim 7.

^{16.} Rashi Maseches Brachos 17b, 20a, Shulchan Aruch Harav 2, Mishnah Berurah 106:4. See Aruch Hashulchan O.C. 89:1-7 on this in depth. Refer to Halichos Beisah 6:pages 37-38.

^{17.} Refer to *Magen Avraham* 106:1. As far as women and *krias haTorah* see *Rivevos Ephraim* 6:62, 153:12, 7:314. In regard to their own *minyan* see *Minchas Yitzchak* 9:11, *Igros Moshe O.C.* 4:70:5, *Ohr L'tzion* 2:9:5:footnote 5, *Rivevos Ephraim* 6:153:12, *Eretz Hatzvi* page 99:13, *B'ikvei Hatzon* pages 21-37 in depth.

Source / Reason

The Mishnah¹⁸ says that women are exempt from Krias Shema and tefillin, and are obligated in tefillah and mezuzah. This is codified by the *poskim* as well (regarding *tefillah*, see below regarding other areas of davening).19 The Gemara20 explains that one would assume that women are obligated in Krias Shema even though it is a mitzvas asei shehazman grama, since it involves kabbalas Malchus Shamavim. Therefore, the Mishnah needs to say that they are exempt. The Gemara²¹ continues that women are obligated in *tefillah* although it is considered a mitzvas asei shehazman grama, because tefillah is asking for mercy (and we all need mercy).

This reason is quoted by Rashi²² and others.²³ The Rambam exempts women from tefillah because it is considered a mitzvas asei shelo zman grama.24 This reason is quoted by others as well.25

Leniency

The Magen Avraham²⁶ says that the Rambam's obligation of tefillah d'Oraisa is to daven once a day, without any particular nusach. Therefore, those women who do not daven on a regular basis rely on a short tefillah that they

^{18.} Maseches Brachos 17b, Brachos 20-20b. Refer to Rashba 20a.

^{19.} Rambam Hilchos Tefillah 1:2, 6:10, Shulchan Aruch 106:2. Refer to Yalkut Shimoni Shmuel 80.

^{20.} Maseches Brachos 20b.

^{21.} Ibid.

^{22.} Rashi Maseches Brachos "v'chayavin." Refer to Tosafos "b'teilah."

^{23.} Levush 106:2, Taz 106:2, Pri Chadash 89:1, Shulchan Aruch Harav 106:2, Mishnah Berurah 4, Shulchan Hatohar (Karmarna) 106:1. Refer to Aruch Hashulchan O.C. 106:5-6. See Megadim introduction to Hilchos Tefillah O.C. 89.

^{24.} Hilchos Tefillah 1:2. Refer to Yabia Omer O.C. 6:17.

^{25.} Rif on Maseches Brachos 20b, Shulchan Aruch 106:2, Levush 70:2, Yufei Leleiv 106:2, Shulchan Aruch Harav 2, Yaskil Avdi O.C. 6:14 in depth, see Pri Chadash 1.

^{26. 106:2.} Refer to Pri Megadim Eishel Avraham 106:2, Sha'ar Hatzion 106:5.



recite when they awaken in the morning (we will discuss what this is later on). This is quoted by other *poskim* as well.²⁷ Those who hold like the majority that *tefillah* is a *d'Rabbanan* would not agree with this.²⁸ Accordingly, some are hard pressed to explain why women do not *daven* every day (see below).²⁹

The custom in some circles is to rely on the opinion of the $Magen\ Avraham.^{30}$

Another Leniency

In earlier years, women did not go to school and were not able to read *Lashon Kodesh*. Therefore, they were not able to *daven*. This is not the case today when girls go to school. Therefore, girls should *daven* (see below). 33

Which Kind of Short Tefillah

According to the leniency of the *Magen Avraham* quoted above, there must be some sort of *bakashah* (asking for needs) to constitute a *tefillah*.³⁴ Others say that praise of

^{27.} Shulchan Aruch Harav 2, Chessed L'alafim 106:1, Mishnah Berurah 106:4, Eretz Tzvi 34:page 82, Emes L'Yaakov 106:footnote 131, see Igros Moshe O.C. 4:101:2.

^{28.} Shulchan Aruch Harav 2, Mishnah Berurah 106:4.

^{29.} Aruch Hashulchan 106:7.

^{30.} Vayevarech Dovid Tefillah page 44. The Nemukei Orach Chaim (47:1) says that the custom is that women do not daven every day, except the very modest ones and the elderly. It could be that women do not daven based on the halachah that a woman may become a niddah (impure) or see blood when she is a niddah during Shemoneh Esrei and will not be able to daven (Rema O.C. 88:1, see Magen Avraham 88:2). In addition, she will not be able to concentrate when taking care of her children, and she is considered busy with a mitzvah so she is exempt from another mitzvah. Refer to Shulchan Aruch 70:4, Magen Avraham 4, Higyonei Haparshah 1:page 301.

^{31.} Piskei Teshuvos 106:footnote 2, Moadim U'zmanim 1:9, Teshuvos V'hanhagos 5:45. Refer to Siach Tefillah page 313.

^{32.} Yabia Omer O.C. 6:17:3.

^{33.} Teshuvos V'hanhagos 5:45.

^{34.} Divrei Yatziv O.C. 121:2.

Hashem is required as well.³⁵ A woman should say Modeh Ani and the pesukim afterwards as praise, 36 and then the brachah of Hama'avir Sheinah and the Yehi Ratzon in Birchos Hashachar³⁷ as a request.³⁸ Some suggest to say Birchas HaTorah (see below) which combines both praise and a request.39

Busy with Children

The reason that women are obligated in tefillah is because they need to ask for mercy. If they cannot do so because they cannot concentrate properly, then they have enough of a reason to rely on the Rambam, as mentioned above. 40 Women are very busy taking care of their children in the morning and sending them off to school. Young children need constant care. Therefore, it is difficult for women to find time to daven Shacharis properly. If it is possible to fit davening into their schedule, then this is preferred. However, this is not always the case, and in this situation women are exempt from davening.41

Some are of the opinion that if women are busy with

^{35.} Refer to Rambam Hilchos Tefillah 1:1-2, Pri Megadim introduction to Hilchos Tefillah O.C. 89, Aruch Hashulchan 89:3.

^{36.} Refer to Halichos Shlomo Tefillah 2:footnote 5 which says that Modei Ani counts for a praise and a thanks and one just has to ask for a need.

^{37.} Some maintain reciting Birchos Hashachar alone is enough to be considered a short tefillah (Chessed L'alafim 106:1).

^{38.} Siach Tefillah pages 313-314:footnote 75.

^{39.} Machzei Eliyahu 1:19, see 2:4.

^{40.} Ibid.

^{41.} Moadim U'zmanim 1:9, Massei Ish 6:page 102, Machzei Eliyahu 19, Ateres Paz Y.D. 2:32, Ohr L'tzion 2:7:24, Siach Tefillah page 315. Refer to Rivevos Ephraim 1:52, Vayevarech Dovid Tefillah page 46. See Bnei Banim 2:6. Also refer to Halichos Beisah 6:1, and Emes L'Yaakov 106:footnote 131.



children all day they should at least daven Ma'ariv (see below).⁴²

Obviously, those women who do not have these obligations should *daven*.⁴³ This would apply to girls and single women,⁴⁴ or women who do not have any young children at home.⁴⁵

Which Tefillos

According to the opinion of the Rambam quoted earlier, it would seem that women are only obligated in one *tefillah* per day.⁴⁶ However, many *poskim* say that women are obligated in Shacharis and Minchah.⁴⁷ This would depend whether a woman is from a Sephardi background or not.

Many women are busy and do not *daven* Shacharis, but for the most part are careful to always *daven* Minchah.⁴⁸

Ma'ariv

Men accepted Ma'ariv upon themselves as an obligation, but this does not apply to women.⁴⁹ There are some *poskim*

^{42.} Teshuvos V'hanhagos 2:56, 3:36, 5:45.

^{43.} Moadim U'zmanim 1:9.

^{44.} Bnei Banim 2:6.

^{45.} Chessed L'alafim 106:1.

^{46.} Yabia Omer O.C. 6:17, Yechaveh Da'as 3:7, Yalkut Yosef 106:1, Halachah Berurah 106:2, V'ein Lamo Michshal 1:pages 30-31. Refer to Halichos Beisah 6:1. See Pri Megadim introduction to Hilchos Tefillah O.C. 89, Mishnah Berurah 106:4. Refer to Pri Megadim introduction to Hilchos Tefillah O.C. 89, and Sha'agas Aryeh 14 which say even according to the Rambam a woman may be obligated to daven more than once a day.

^{47.} Shulchan Aruch Harav 106:2, Mishnah Berurah 106:4, Aruch Hashulchan 6, Machzei Eliyahu 19, Asei Lecha Rav 1:30, Ohr L'tzion 2:7:24, Emes L'Yaakov 106:footnote 131 (custom in Lita), opinion of the Chazon Ish zt"l quoted in Machzei Eliyahu 19:page 60:14, opinion of Harav Chaim Kanievsky shlit"a quoted in Massei Ish 2:page 96, Tezufonos (journal) 2:pages 53-54.

^{48.} Machzei Eliyahu 20.

^{49.} Magen Avraham 299:16, Mishnah Berurah 106:4, 299:37, Shulchan Aruch Harav

who maintain that women should daven Ma'ariv, 50 but this is not the custom.51

However, women do daven Ma'ariv on Friday night. Since the *tefillos* of Shabbos are an obligation, this applies even to Ma'ariv on Friday night (see below).⁵² This does not apply to Ma'ariy on Motza'ei Shabbos.⁵³

Mussaf

There is a discussion in the *poskim* if women are obligated to daven Mussaf.⁵⁴ Some wish to exempt women from Mussaf since it is a mitzvas asei shehazman grama.⁵⁵

Many say that since Mussaf is in place of korbanos⁵⁶ (which do not apply to women⁵⁷), women are not obligated to daven Mussaf.58

Others maintain that Mussaf is recited because of the kedushah of Shabbos. According to this, women should

^{106:2,} Yalkut Yosef 106:2, Teshuvos V'hanhagos 2:56, opinion of Harav Chaim Kanievsky shlit a quoted in Massei Ish 2:page 96, Ohr L'tzion 2:7:24, Kovetz Teshuvos (Harav Elyashiv zt"l) 1:14, Tezufonos (journal) 2:pages 53-54. Refer to Pri Megadim introduction to Hilchos Tefillah O.C. 89. Also refer to Machzei Eliyahu 20.

^{50.} Refer to Chessed L'alafim 106:1, Aruch Hashulchan 106:7, Avnei Yushpei 5:42:1, Asei Lecha Rav 1:30.

^{51.} Opinion of Harav Elyashiv zt"l quoted in Avnei Yushpei 5:42:1.

^{52.} Divrei Yatziv O.C. 226. Refer to ibid for another reason and why some women daven Ma'ariv on Motza'ei Shabbos.

^{53.} Magen Avraham 299:16, see Rivevos Ephraim 6:176:6, Chai Halevi 1:42.

^{54.} Refer to Mishnah Berurah 106:4, Halichos Beisah 6:pages 41-42, B'shvilei Haparshah page 467, Hakattan V'hilchosav 2:4 (biurim) in great depth, V'yita Eishel 5750:pages 616-619, Yabia Omer O.C. 2:6.

^{55.} Tzlach Maseches Brachos 26a. The Mishnah Berurah 106:4 (end) quoted both opinions. Refer to Orchos Chaim (Spinka) 286:3.

^{56.} Refer to Tosafos Maseches Brachos 26a "eiboi la." Refer to Hakatan V'hilchosav 2:4 (biurim) in great depth.

^{57.} Women did not have to give a machatzis hashekel for korbanos.

^{58.} Rav Akiva Eiger 106, Besamim Rosh 89:33, refer to Tzitz Eliezer 11:1. Also see Shevet Halevi 4:12:2.



*daven Mussaf.*⁵⁹ This would not apply to *Mussaf* of Rosh Chodesh and Chol Hamoed.⁶⁰

The accepted custom seems to be that women do not have to *daven Mussaf*, but if they wish to do so they may.⁶¹

Women should *daven Mussaf* on Rosh Hashanah and Yom Kippur, and arrange for a babysitter.⁶² This is particularly true since we are asking for mercy in *Mussaf* during these days.⁶³

Modeh Ani

Women should say *Modeh Ani* and the *pesukim* afterwards when they awaken in the morning.⁶⁴ Although the *Magen Avraham* rules that a short *tefillah* is sufficient, *Modeh Ani* is not enough.⁶⁵ The proof to this is that the *Magen Avraham* himself rules that she should say the *tefillah* right after washing, and no washing is required before reciting *Modeh Ani*.⁶⁶

Shoel U'meishiv 2:2:55:pages 42b-43. See Shmasin (journal) 100:pages 170-172,
Ohr L'tzion 2:7:24.

^{60.} *Toras Chaim* 106:2. Refer to *Ratz Katzvi* Chanukah – Purim pages 298-299.

^{61.} Besamim Rosh ibid, Machzei Eliyahu 23. Refer to Nehoros Eisan 3:2. On this inyan see Yalkut Yosef 106, pages 501-504 in great depth. If they can but they do not have to, why is this not considered a tefillas nedavah which one is not allowed to daven on Shabbos (Shulchan Aruch O.C. 107:1, see Maharam Shick O.C. 90). For a discussion on this see Shevet Halevi 4:12:2, Ratz Katzvi Chanukah – Purim pages 303-305, Lehoros Nosson 3:14.

^{62.} Hisorerus Teshuvah 3:66:2, Moadim U'zmanim 1:9. Women are obligated in Ne'ilah as well (Ratz Katzvi ibid pages 305-306, Halichos Beisah 6:7).

^{63.} Hisorerus Teshuvah 3:66:2, Yabia Omer O.C. 2:6.

^{64.} Rivevos Ephraim 6:1, Halichos Beisah 1:1:footnote 1. Some opine that women should say Modei with a kamatz under the daled (Halichos Shlomo Tefillah 2:footnote 5, see Meir Oz 1:1:19:5).

^{65.} Moadim U'zmanim 1:9, Mesorah (journal) 6:pages 60-61.

^{66.} Rivevos Ephraim ibid. See Machzei Eliyahu 19, Vayevarech Dovid Tefillah page 47.

Birchos Hashachar

The Shulchan Aruch67 says that women change the brachah to "Baruch she'asani kirtzono."68 All other brachos are the same.69

It is questionable whether *Birchos Hashachar* are considered mitzvas asei shehazman grama. Some opinions hold that one may only recite Birchos Hashachar until chatzos.70 However, many poskim maintain that one may recite Birchos Hashachar all day and night;71 therefore, women should recite them.72

Birchas HaTorah

Although women do not have an obligation to learn Torah,73 they do have an obligation to know the laws that apply to them;74 therefore, they should recite Birchas

^{67.} Shulchan Aruch O.C. 46:6.

^{68.} Refer to Yechaveh Da'as 4:4 which says that women should not say this brachah with the name of Hashem since it is not mentioned in the Gemara or Geonim. Also see Kesher Godal 5:23, Ben Ish Chai Vayeishev 1:10, Baruch She'amar page 30, Kaf Hachaim 46:41. However, Harav Chaim Kanievsky shlit"a argues and says a woman should say it with the Shem and Malchus (as quoted in Rivevos Ephraim 1:37:1). Refer to Pri Megadim M.Z. 46:4 which argues. See Aruch Hashulchan 46:11 which says the custom is that women do not recite that brachah altogether. See Machzei Eliyahu 13, Rivevos Ephraim 1:37:1.

^{69.} Mishnah Berurah 70:2.

^{70.} Shenos Chaim 80.

^{71.} Massei Rav (Gra) 9, Ma'amar Mordechai 46:10, Yechaveh Da'as 4:4. Refer to Rav Poalim O.C. 2:8, Igros Moshe O.C. 5:20:12.

^{72.} Aruch Hashulchan 70:1, Yechaveh Da'as 4:4, Halichos Beisah 3:6:footnote 12, Machzei Eliyahu 13. Refer to Mishnah Berurah 70:2, Biur Halachah 52 "kol." See Ohr L'tzion 2:4:1.

^{73.} See Beis Yosef 47, Rama Y.D. 246:6, Taz Y.D. 3, Be'er Heitiv 47:14, Ateres Zekeinim, Levush 47:14, Shulchan Aruch Harav 47:10, Kaf Hachaim 33, Tehillah L'Dovid 47:9 page 23 (old), Az Nidberu 14:3, Doleh U'mashkeh page 49.

^{74.} Refer to Kovetz Beis Aharon V'Yisrael 125:pages 120-122.



HaTorah.⁷⁵ If they are not sure whether or not they said *Birchas HaTorah*, they are not obligated to repeat it.⁷⁶

Korbanos

There are *poskim* who maintain that women are obligated to recite *korbanos.*⁷⁷ However, the overwhelming opinion is that women do not have an obligation to recite *Parshas Hatamid*⁷⁸ or any other *korbanos.*⁷⁹ One reason for the exemptions is that *korbanos* are not asking for mercy like *tefillah*. In addition, women do not have a connection to *korbanos.*⁸⁰

Pesukei D'zimrah

The opinion of some *poskim* is that women should *daven Pesukei D'zimrah.*⁸¹

^{75.} Drishah 47:1, Shulchan Aruch 47:14, Be'er Heitiv 14, Levush, Shulchan Aruch Harav ibid, Biur Halachah "nashim," Aruch Hashulchan 25, Ben Ish Chai Vayeishev 1:12, Kaf Hachaim ibid, Nemukei Orach Chaim 70:1, Tzitz Eliezer 9:3,15:24, Shevet Halevi 1:page 268, Ohr L'tzion 2:4:10, Teshuvos V'hanhagos 2:35, Rivevos Ephraim 2:32, 3:42:4, 5:43, Halichos Bas Yisrael 2:6, footnote 16, Az Nidberu ibid, Halichos Beisah 3:1:footnote 1 in depth, Halichos Shlomo Tefillah 6:4, footnote 7, Yalkut Yosef pages 63-67 in depth, Machzei Eliyahu 12 in depth. Refer to Vayevarech Dovid 2:page 171. See Yosef Ometz 67. Refer to Halichos Beisah 3:1:pages 12-16 in depth.

^{76.} Birchei Yosef 47:8, Kaf Hachaim 34, Nemukei Orach Chaim, Ishei Yisrael 6:footnote 40 quoting the opinion of Harav Chaim Kanievsky shlit"a, Halichos Beisah 3:3.

^{77.} Magen Avraham 47:14, Shulchan Aruch Harav 10, Lev Chaim 1:15 (except for Parshas Tamid). See Pri Megadim Eishel Avraham 1:11, 47:14.

^{78.} Nemukei Orach Chaim 47:1, opinion of Harav Elyashiv zt"l quoted in Peninei Tefillah page 136, Rivevos Ephraim 3:41:1. See Shulchan Aruch Harav 47:10.

^{79.} Mor U'ketziah 47, Tehillah L'Dovid 47:9, Me'asef L'chol Hamachanos 1:72, Nemukei Orach Chaim 47:1, Machzei Eliyahu 14, Ohr L'tzion 2:7:24. See Halachah Berurah 1:17. Refer to Halichos Bas Yisrael page 40:footnote 19. See Mekabtzeil 1:pages 34-44, and Halichos Beisah 4:1.

^{80.} Refer to Machzei Eliyahu 14, Tehillah L'Dovid 47:9.

^{81.} Mishnah Berurah 70:2, Aruch Hashulchan 47:25. Refer to Shmasin (journal) 100:pages 178-180. This is the opinion of Harav Scheinberg zt"l quoted in Halichos Bas Yisrael 2:footnote 21. Perhaps women can skip and say just Baruch She'amar, Ashrei, and Yishtabach (ibid).

Others say that they are only required to say Baruch She'amar, Ashrei, and Yishtabach.82 The opinion of most poskim is that a woman does not have to say any part of Pesukei D'zimrah.83 One of the reasons for this exemption is that the point of *Pesukei D'zimrah* is to praise Hashem before tefillah.84 Women are obligated in davening, but not the preparations to the Shemoneh Esrei.85

The overwhelming custom is to be lenient regarding Pesukei D'zimrah. Nonetheless, if they wish, some maintain that they may recite it.86

Krias Shema

Earlier, we explained why women are exempt from Krias Shema.87 Another reason is that in Krias Shema it says, "Teach your sons," which implies not your daughters.88 In any event, women do not say Krias Shema.89 However, some say that it is proper (as a *chumrah* 11) to accept the yoke of Malchus Shamayim. 92 Therefore, women should say Shema

^{82.} Opinion of Harav Elyashiv zt"l quoted in Peninei Tefillah page 135:footnote 10.

^{83.} Aruch Hashulchan 70:1, Yechaveh Da'as 3:3. The Shulchan Aruch Harav 70:1 says if they want to then they can say it.

^{84.} Beis Yosef 52.

^{85.} Machzei Eliyahu 1:15.

^{86.} Refer to Chemdas Yosef O.C. 4:25. See Yabia Omer O.C. 2:6:10.

^{87.} Also see Rambam Hilchos Krias Shema 4:1, Shulchan Aruch O.C. 70:1, Levush 70:1, Shulchan Aruch Harav 1, Mishnah Berurah 2.

^{88.} Refer to Pnei Yehoshua Maseches Brachos 20b.

^{89.} Shulchan Aruch O.C. 70:1, Yalkut Yosef 106:1.

^{90.} See Be'er Heitiv 70:1, Pri Chadash 70:1, Levush 1, Yufei Leleiv 70:2, Mishnah Berurah 4, Aruch Hashulchan 70:2.

^{91.} Gra 70:2, see Machzei Eliyahu 17. Refer to Bach who holds one is obligated. Also see Elyah Rabbah 70:1.

^{92.} Shulchan Aruch 70:1, Yalkut Yosef 106:1.



*Yisrael Hashem Elokeinu Hashem Echad.*⁹³ There is no need to recite this within the time frame of *Krias Shema.*⁹⁴

Others add that women should say *Baruch Shem* etc.⁹⁵ There are those who are of the opinion that women should recite *kel Melech ne'eman* before *Krias Shema*.⁹⁶

Today the custom seems to be that women recite the entire *Krias Shema*.⁹⁷

Women are not obligated in *birchos Krias Shema*⁹⁸ (since they are *mitzvos asei shehazman grama*⁹⁹). They should recite *Emes V'yatziv*¹⁰⁰ (since it mentions *Yetzias Mitzrayim* which is

^{93.} Rama 70:1, Levush 1, Shulchan Aruch Harav 1, Kaf Hachaim 5, Mishnah Berurah 106:4, Ohr L'tzion 2:7:24, Olas Yitzchak 1:166, 2:279, Halachah Berurah 70:1, opinion of Harav Shlomo Zalman Auerbach zt"l quoted in Halichos Shlomo Tefillah 2:4:footnote 6.

^{94.} Eishel Avraham Butchatch 70, Aruch Hashulchan 70:2. Refer to Halichos Bas Yisrael page 44:10.

^{95.} Ateres Zekeinim 70, Levush 70:1, Kesher Godal 11:3, Kaf Hachaim 66:13, Meishiv Halachah 1:273:page 32, Halachah Berurah 70:1, see Pri Megadim Eishel Avraham 70:1. Regarding women reciting Baruch Shem etc. out loud on Yom Kippur at night see Rivevos Ephraim 8:535.

^{96.} Rivevos Ephraim 2:48:31.

^{97.} Machzei Eliyahu 1:17:4. See Halichos Beisah 5:1.

^{98.} Shulchan Aruch Harav 70:1, Kaf Hachaim 70:1, Mishnah Berurah 70:2, Ohr L'tzion 2:6:10. Refer to Yabia Omer O.C. 2:6 in great depth whether a woman is allowed to recite birchos Krias Shema if she wishes to do so. Also refer to Maseches Eruvin 96a, Tosafos "dilma," Maseches Bava Kamma 30a, Rambam Hilchos Tzitzis 3:9, Sukkah 6:13, Rama O.C. 489:6, Shulchan Aruch Harav 70:1, Tzlach Maseches Brachos 26a, Mishnah Berurah 2, Aruch Hashulchan 70:1, Halichos Shlomo Tefillah 7:footnote 2, Machzei Eliyahu 16, Olas Yitzchak 1:166, Halachah Berurah 70:pages 455-458 in great depth, Tzitz Eliezer 9:2, Birur Halachah (Zilber) 70:1, Ohr L'tzion ibid, Mareh Hanoros (journal) 1:pages 90-92, Halichos Bas Yisrael page 43:footnote 26. Also refer to Chayei Adam 11:43, Shulchan Aruch Harav 17:3, Aruch Hashulchan 17:2-3, 589:10, 640:2, Matei Ephraim 589:11.

^{99.} Machatzis Hashekel 70:1.

^{100.} Magen Avraham 70:1, Pri Megadim Eishel Avraham 1, Shulchan Aruch Harav 70:1, Kaf Hachaim 70:1, see Sha'agas Aryeh 13, Pri Chadash 58, Sha'arei Teshuvah 70:1, Aruch Hashulchan 70:4 which argue. Refer to Shmasin (journal) 100:pages 182-185 in great depth, and Halichos Beisah 5:4:pages 28-31.

a d'Oraisa¹⁰¹ and there is no set time for it¹⁰²), and be somech geulah to tefillah¹⁰³ (say Emes V'yatziv until ga'al Yisrael¹⁰⁴ and then start Shemoneh Esrei right away¹⁰⁵). Others are lenient with the recital of *Emes V'yatziv* for women. 106 Therefore, a woman may be lenient.107

Tachanun

One of the reasons for reciting Tachanan is to daven in all positions, such as sitting, standing, and nefilah. Women are not obligated in this. In addition, some poskim say that Tachanan is not an obligation; therefore, women are exempt.108

Ashrei

The main purpose of reciting *Ashrei* is to say the *pasuk* of pose'ach es yadecha etc.¹⁰⁹ Since the main breadwinner in the family is the man, a woman does not have to recite Ashrei. 110

U'va L'tzion

U'va l'tzion was established as part of the davening in order that one should learn a bit each day.¹¹¹ Since women

^{101.} Rashi Maseches Brachos 21a "emes"

^{102.} Machatzis Hashekel 70:1.

^{103.} Magen Avraham 70:1, Shulchan Aruch Harav 1, Mishnah Berurah 2.

^{104.} The same applies to the birchos Krias Shema after Krias Shema at Ma'ariv if women daven Ma'ariv (refer to Sha'ar Hatzion 70:3, Kaf Hachaim 70:1).

^{105.} Magen Avraham 70:1, Be'er Heitiv 1, Shulchan Aruch Harav 1, Mishnah Berurah 2, opinion of Harav Elyashiv zt"l quoted in Peninei Tefillah page 134.

^{106.} Sha'agas Aryeh 13, Pri Chadash 58, Sha'arei Teshuvah 70:1, Aruch Hashulchan 70:4. Refer to Yabia Omer O.C. 2:6.

^{107.} Machzei Eliyahu 1:18.

^{108.} Machzei Eliyahu 1:10, Rivevos Ephraim 4:34, Halichos Beisah 7:1.

^{109.} Maseches Brachos 4b. Refer to Aruch Hashulchan 132:1-2.

^{110.} Machzei Eliyahu ibid. Refer to Halichos Beisah 7:3-4.

^{111.} Maseches Sotah 49b. Refer to Shibolei Haleket 44.



are not commanded in *talmud Torah* they need not recite *U'va L'tzion*. 112

Shir Shel Yom

One who says the *shir shel yom* is like he is building a *mizbe'ach* and bringing *korbanos*. ¹¹³ Since women do not have a part in *korbanos*, they do not recite the *shir shel yom*. ¹¹⁴

Ein K'Elokeinu

It is proper for women to recite Ein K'Elokeinu. 115

Aleinu

Aleinu is praise and thanks after *davening*. ¹¹⁶ It is proper that women say this after they *daven*. ¹¹⁷

Shabbos and Yom Tov

Even though the *tefillos* of Shabbos and Yom Tov are praise, women are still obligated to recite them (this applies to *Shemoneh Esrei* and other parts that are said during the week). Some maintain that this means Ma'ariv on Friday night and Yom Tov night.

Kiddush Levanah

Women do not recite kiddush levanah since it is a mitzvas

^{112.} Machzei Eliyahu 1:20.

^{113.} Maseches Sofrim 18:1.

^{114.} Machzei Eliyahu ibid.

^{115.} Machzei Eliyahu ibid. Refer to Halichos Beisah 7:6.

^{116.} Levush 133:1.

^{117.} Machzei Eliyahu ibid, Halichos Beisah 7:7.

^{118.} Tzlach Maseches Brachos 26a.

^{119.} Sha'arei Teshuvah 582:1, Kaf Hachaim 299:62. Refer to Pri Megadim M.Z. 271:1. See Halichos Beisah 6:pages 40-41 and Divrei Yatziv O.C. 121.

asei shehazman grama. 120 Some say that they should say it without a Shem or Malchus, but the minhag is not like this. 121

Hallel

Women are exempt from Hallel since it is a mitzvas asei shehazman grama. 122 Although they do perform mitzvos of zman grama like sukkah, they specifically omit Hallel, since Chavah caused the moon to become smaller. 123 This applies to Hallel at any time, 124 such as on Chanukah. 125 Women are obligated in Hallel on the first nights of Pesach¹²⁶ but not other Yamim Tovim. 127 If women wish, they can recite Hallel with the brachos as well (for Ashkenazi women). 128

Going to Shul

There is a benefit for women to daven in a shul although they are not required to daven with a minyan. 129 However,

^{120.} Magen Avraham 426:1, Mishnah Berurah 426:1, see Chachmas Shlomo, Yeshuas Yaakov 426:1, Shevus Yaakov 2:11, Salmas Chaim 1:159, Halichos Beisah 10:16 footnote 15-17, Rivevos Ephraim 4:page 105-107, Be'er Moshe 6:135, Shraga Hameir 4:12, Yechaveh Da'as 4:18 page 95-96. See Machzei Eliyahu 13:3.

^{121.} Meiri Sanhedrin 42b, Mishnah Berurah 2, Aruch Hashulchan 426:10, Kaf Hachaim 426:1.

^{122.} Maseches Brachos Tosafos 20b "b'tefillah," Sukkah 38a, Tosafos "mi," Magen Avraham 422:5, Biur Halachah "hallel", Sha'ar Hatzion 479:9, see Divrei Yatziv O.C. 288.

^{123.} Kaf Hachaim 70:4.

^{124.} See Magen Avraham 422:1.

^{125.} Refer to Rambam Hilchos Chanukah 3:6, 14. Refer to Shamsin 100, page 186 why women are obligated in neiros Chanukah and not in Hallel. Refer to Magen Avraham 422:5, Shevet Halevi 1:205:683 (they are obligated), Rivevos Ephraim 1:440:2, 452, 2:200, 4:44:119, Moadim U'zmanim 2:146, 8:146, Halichos Beisah 8:5.

^{126.} Refer to Tosafos Maseches Sukkah 38a "mi," Shulchan Aruch 272:14, Biur Halachah 422 "hallel," Machzei Eliyahu 22:4. See Mishnah Berurah 479:9.

^{127.} Yechaveh Da'as 1:78.

^{128.} Biur Halachah 422 "hallel," see Kesher Godal 27:3, Kaf Hachaim 422:28, Yabia Omer O.C. 1:28:3, Yabia Omer O.C. 6:45, Machzei Eliyahu 22:1.

^{129.} Chessed L'alafim 106:1, Shulchan Hatohar (Karmarna) 106:2, Siach Tefillah pages 315-316. Refer to Vayevarech Dovid Tefillah page 51, Bnei Banim 1:5. See Maseches



the custom in most places is that they only attend shul on Shabbos. Even on Shabbos, women should make sure that young children are not brought if they will disturb the *tefillah*. ¹³⁰

Zman

Women who do daven should be careful to daven within the $zman\ tefillah.^{131}$

Davening at Work

Some women want to *daven* during working hours. This should only be done during a scheduled break, in order to avoid stealing time from the employer. It is better not to *daven* at all than to steal.¹³²

Keeping Feet Together

There is a discussion in the *poskim* whether women are required to keep their feet together during *Shemoneh Esrei*. We keep our feet together to imitate the angels.¹³³ Although women may not be required to do this, there is no prohibition against it.¹³⁴

Women Eating before Davening

Women may not eat or drink before they *daven*.¹³⁵ If a woman wants to eat she should first say *Birchos Hashachar*,

Sotah 21a, Divrei Yatziv O.C. 62, Yalkut Shimoni Eikev remez 871.

130. Bnei Banim 1:5.

131. Aruch Hashulchan 106:7, Halichos Chaim 1:90:page 38, Massei Ish 6:page 102, Siach Tefillah page 317. Refer to Vayevarech Dovid Tefillah page 50. See Lev Avraham 25. Refer to Higyonei Haparshah 1:page 302 which brings those who argue. See Birur Halachah (Zilber) 70:1. Also see Eishel Avraham Butchatch 70 which is lenient.

132. Siach Tefillah pages 320-321.

133. Halichos Chaim 1:97:page 40.

134. Rivevos Ephraim 8:535.

135. Halichos Shlomo Tefillah page 9, footnote 4, Teshuvos V'hanhagos 3:36.

Birchas HaTorah, and recite the first pasuk of Krias Shema. 136 This will fulfill her obligation of tefillah even if she intends to daven more later.137 Girls who want to eat before they daven in school should say Birchos Hashachar and Birchas HaTorah, 138

Mistakes in Davening

There is a discussion in the poskim if women make a mistake which would normally require one to repeat Shemoneh Esrei. Although the Magen Avraham holds that women can say a short tefillah, once they do daven the regular Shemoneh Esrei their dinim are the same as men and they would have to repeat Shemoneh Esrei. 139 Others say that if a woman usually relies on the opinion of the Magen Avraham, then if she does daven Shemoneh Esrei and makes a mistake, she does NOT have to repeat Shemoneh Esrei. 140

Came Late to Davening on Shabbos

It is very common for women to come to shul on Shabbos in the middle of krias haTorah. Should they daven Shacharis, or listen to krias haTorah and daven Mussaf, and forget about Shacharis? The *poskim* say that they should *daven* Shacharis and then Mussaf, even though they will be davening

^{136.} See Halichos Bas Yisrael 2:4, Halichos Shlomo Tefillah 2:4:footnote 6, Yehoshuas Moshe 3:12.

^{137.} Magen Avraham 106, Tefillah K'hilchasah page 34, footnote 20, Divrei Chachamim 4:45. See Igros Moshe 4:101:2.

^{138.} See Halichos Shlomo Tefillah 2:4, Halichos Bas Yisrael 2:4 footnote 10, Teshuvos V'hanhagos 3:37. On Shabbos and Yom Toy women must make Kiddush before eating.

^{139.} Refer to Divrei Yatziv O.C. 62, Yabia Omer O.C. 6:18 in great depth, Az Nidberu 8:20:3, Shraga Hameir 5:114, Rivevos Ephraim 4:44:79. Also see Halichos Beisah 6:4:8.

^{140.} Machzei Eliyahu 24.



Shacharis at the time of *krias haTorah*, only if they will miss *zman tefillah* otherwise.¹⁴¹

Matir Neder

If a woman started *davening* Shacharis and Minchah regularly (or Ma'ariv according to those who hold they are obligated) and then realized that it is just too hard, she needs to be *matir neder*.¹⁴²

Conclusion

From our discussion, we see that according to the letter of the law women should *daven* at least twice a day. Those who are busy with children are exempt, but should recite a short *tefillah* in the morning before going about their day. For those women who are able to *daven*, it should be noted that they do not have to feel that they must *daven* the entire Shacharis. It is not all or nothing.

Below is a chart that lists which parts of *tefillah* women should *daven* (those who have time to *daven*).¹⁴³

Modeh Ani - Yes

Birchos Hashachar - Yes

Birchas HaTorah - Yes

Korbanos - No

Pesukei D'zimrah - No according to many poskim

Birchos Krias Shema – If she wants (Ashkenazi; some Sephardi *poskim* permit a Sephardi woman as well)

Shema Yisrael and Baruch Shem - Yes

Emes V'yatziv until *ga'al Yisrael* – Yes

 $^{141.\,\}textit{B'ohalehah Shel Torah}\,(\text{journal})\,2\text{:pages}\,97\text{-}101.$

^{142.} Rivevos Ephraim 1:173. Refer to Pri Megadim Introduction to Hilchos Tefillah (end).

^{143.} Refer to Birur Halachah 70:1, Shulchan Hatohar 106:2, Harav Elyashiv (Kovetz Teshuvos 1:14).

Shemoneh Esrei of Shacharis - Yes (if busy with children, etc. - No)

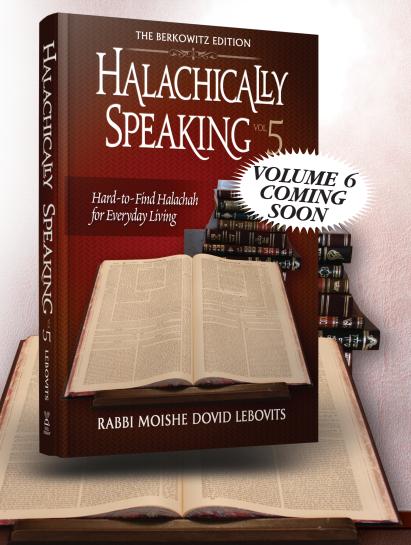
Tachanan, Ashrei U'va L'tzion, Shir Shel Yom - No Ein K'Elokeinu and Aleinu – It is proper to say them Minchah - Yes

Ma'ariv - No

Hallel, Except for first nights of Pesach - No (if she wants she may say it – Ashkenazi woman)



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